1 SENATE FLOOR VERSION February 18, 2019 2 3 SENATE BILL NO. 509 By: Rader, Smalley, Simpson, Young, Daniels, Hicks, 4 McCortney, Floyd, Rosino and David 5 6 7 An Act relating to health insurance; defining terms; requiring guidelines for step therapy protocol for certain health insurance plans; requiring guidelines 8 be based upon certain criteria; authorizing certain 9 substitution; requiring insurers to provide process to request a step therapy exception; requiring insurer to grant step therapy exception in certain 10 circumstances; requiring insurers to permit certain 11 appeals; establishing timeline for response to step therapy exception; granting exception in certain 12 circumstances; requiring insurer to authorize certain coverage in certain situations; providing construing provision; authorizing Insurance Department and 13 Health Care Authority to promulgate rules; providing for codification; and providing an effective date. 14 15 16 BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA: 17 A new section of law to be codified 18 SECTION 1. NEW LAW in the Oklahoma Statutes as Section 7310 of Title 63, unless there 19 is created a duplication in numbering, reads as follows: 20 As used in this section: 21 "Clinical practice guidelines" means a systematically 22 developed statement to assist decision-making by healthcare 23 24

- providers and patients about appropriate healthcare or specific clinical circumstances and conditions;
- 2. "Clinical review criteria" means written screening procedures, decision abstracts, clinical protocols and practice guidelines used by an insurer, health plan or utilization review organization to determine the medical necessity and appropriateness of healthcare services;
- 3. "Health insurance plan" means any individual or group health insurance policy, medical service plan, contract, hospital service corporation contract, hospital and medical service corporation contract, fraternal benefit society or health maintenance organization, municipal group-funded pool, the Oklahoma Medicaid Program and the state health care benefits plan that provides medical, surgical or hospital expense coverage. For purposes of this section, "health insurance plan" also includes any utilization review organization that contracts with a health insurance plan provider;
- 4. "Medical necessity" means that, under the applicable standard of care, a health service or supply is appropriate to improve or preserve health, life or function, to slow the deterioration of health, life or function or for the early screening, prevention, evaluation, diagnosis or treatment of a disease, condition, illness or injury;

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

- 6. "Step therapy exception" means a process by which a step therapy protocol is overridden in favor of immediate coverage of the healthcare provider's selected prescription drug; and
- 7. "Utilization review organization" means an entity that conducts utilization review, not including a health insurance plan provider performing utilization review for the provider's own health insurance plan;
- B. For any health insurance plan that is delivered, issued for delivery, amended or renewed on or after January 1, 2020, and that utilizes a step therapy protocol, the health insurance plan provider shall establish guidelines governing the use of the step therapy protocol using clinical review criteria based on clinical practice guidelines, subject to the following requirements:
- 1. Clinical review criteria used to establish a step therapy protocol shall be based on clinical practice guidelines that:
 - a. recommend that the prescription drugs be taken in the specific sequence required by the step therapy protocol,
 - b. are developed and endorsed by a multidisciplinary panel of experts that manages conflicts of interest

1	a	mong the panel's members of the writing and review
2	g	roups by:
3	(1) requiring members to disclose any potential
4		conflicts of interest with entities, including
5		health insurance plan providers and
6		pharmaceutical manufacturers and to recuse from
7		voting on any matter in which the member has such
8		a conflict,
9	(2) using a methodologist to work with writing groups
10		to provide objectivity in data analysis and
11		evidence ranking by preparing evidence tables and
12		facilitating consensus, and
13	(3) offering opportunities for public review and
14		comment,
15	c. a	re based on high-quality studies, research and
16	m	edical practice,
17	d. a	re created by an explicit and transparent process
18	t	hat:
19	(1) minimizes biases and conflicts of interest,
20	(2) explains the relationship between treatment
21		options and outcomes,
22	(3) rates the quality of evidence supporting
23		recommendations, and
24		

(4) considers relevant patient subgroups and preferences, and

- e. are continually updated through review of new evidence, research and newly developed treatments;
- 2. In the absence of clinical guidelines that meet the requirements of subparagraph b of paragraph 1 of subsection B of this section, peer-reviewed publications may be substituted;
- 3. When establishing clinical review criteria for a step therapy protocol, a utilization review agent shall also account for the needs of atypical patient populations and diagnoses; and
- 4. Nothing in this subsection shall be construed to require a health insurance plan provider to establish a new entity to develop clinical review criteria used for a step therapy protocol;
- C. 1. For any health insurance plan that is delivered, issued for delivery, amended or renewed on or after January 1, 2020, and that restricts coverage of a prescription drug for the treatment of any medical condition pursuant to a step therapy protocol, the health insurance plan provider shall provide to the prescribing healthcare provider and patient access to a clear, convenient and readily accessible process to request a step therapy exception. Any health insurance plan provider that utilizes a step therapy protocol shall make such process to request a step therapy exception accessible on the health insurance plan provider's website.

1 2. A health insurance plan shall grant a requested step therapy 2 exception if: 3 the required prescription drug is contraindicated or a. will likely cause an adverse reaction by or physical 4 5 or mental harm to the patient, the required prescription drug is expected to be 6 b. ineffective based on the known clinical 7 characteristics of the patient and the known 8 9 characteristics of the prescription drug, the patient has tried the required prescription drug 10 C. 11 while under the patient's current or a previous health 12 insurance plan, or another prescription drug in the same pharmacologic class or with the same mechanism of 13 action, and such prescription drug was discontinued 14 due to lack of efficacy or effectiveness, diminished 15 effect or an adverse event, 16 d. the required prescription drug is not in the best 17 interest of the patient, based on medical necessity, 18 19 or the patient is stable on a prescription drug selected 20 е. by the patient's healthcare provider for the medical 21 condition under consideration while on the patient's 22

current or a previous health insurance plan.

23

- 3. A health insurance plan provider shall permit a patient to appeal any decision rendered on a request for a step therapy exception.
- D. A health insurance plan provider shall respond to a request for a step therapy exception, or any appeal therefor, within seventy-two (72) hours of receipt of the request or appeal. If a patient's prescribing healthcare provider indicates that exigent circumstances exist, the health insurance plan provider shall respond to such a request or appeal within twenty-four (24) hours of receipt of the request or appeal. If the health insurance plan provider fails to respond within the required time, the step therapy exception or appeal shall be deemed granted. Upon granting a step therapy exception, the health insurance plan provider shall authorize coverage for and dispensation of the prescription drug prescribed by the patient's healthcare provider.
- E. This section shall not be construed to prevent a healthcare provider from prescribing a prescription drug that is determined to be medically appropriate.
- F. The Oklahoma Insurance Department and the Oklahoma Health Care Authority shall adopt rules necessary to implement and administer this act prior to January 1, 2020.
- SECTION 2. This act shall become effective November 1, 2019.
- 23 COMMITTEE REPORT BY: COMMITTEE ON HEALTH AND HUMAN SERVICES February 18, 2019 DO PASS